



PROVIDER ALERT

Person-Centered Thinking Training

Aug. 1, 2021

Alert Summary: A new Person-Centered Thinking e-learning training will be available in August 2021 on Optum Idaho Relias Learning.

Dear Provider,

Optum Idaho is excited to offer a new Person-Centered Thinking (PCT) e-learning training. Person-Centered Thinking is a set of principles and core competencies that is the foundation of person-centered planning. It encompasses person-centered language, and person-centered approaches utilizing the person-centered principles. In this training, you can expect to learn the foundations of person-centered care with an introduction to PCT language, skills and activities which support a person-centered approach. This approach recognizes the right of individuals to make informed choices and take responsibility for those choices and related risks.

Who can benefit from the Person-Centered Thinking training?

- Any individual working within the Optum network, regardless of skill level or licensure, would benefit from the Person-Centered Thinking training to support their ability to provide the very best care and service to those we serve.

Are CEUs offered?

- Please note that the PCT training has been approved for .5 hours for LSW level, .5 hours for LMSW level and/or .5 hours at the LCSW-Clinical level by the National Association of Social Workers-Idaho Chapter, and may be applied toward the continuing education requirements for social work license renewal. This training has also been approved for .5 hours by the Idaho Licensing Board of Professional Counselors and Marriage and Family Therapists.
- Other professionals are invited to contact their board and verify that their continuing education plans meet their board's requirements.

How can I access the trainings as a provider?

- **Online Training** is now available on Relias. To access the online training:
 - Log into [Relias](#).
 - Navigate to the "Assignments" tab on the left-hand side of the screen.
 - Click on the green "+ Browse Elective Courses" button near the top of the screen.
 - Search for "*Optum Idaho Person-Centered Thinking NEW Training*" and click to enroll.
 - The course will now appear under the 'Electives' section of the "Learning" tab of your Relias dashboard. Scroll down to find the course and click "Take Now."

Thank you,
The Optum Idaho Team